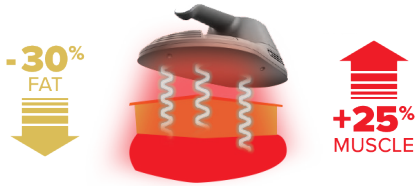
MFC
MONACO FIT COACHING

ELEVATE YOUR SPORTS EXPERIENCE

BODYSCULPTING NEO RF

SCULPT YOUR BODY WITHOUT SURGERY



DISCOVER THE DIFFERENCE WITH OUR 3-IN-1 TREATEMENT

- BUILDING **LONG-LASTING AND FUNCTIONAL MUSCLE**
- **REDUCTION** OF **BOTH DEEP AND SUPERFICIAL** FAT
- TREATMENT OF SKIN LAXITY BY **TIGHTENING THE SKIN**

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IF YOU HAVE ANY HEALTH ISSUES OR MEDICAL HISTORY, PLEASE SPECIFY IT TO THE TEAM

PROHIBITIONS

- Metallic or electronic implants (pacemakers, implanted defibrillators) or prostheses (drug pumps).
- Presence of a copper intrauterine device (IUD).
- Malignant tumors, cancer, epilepsy.
- Do not apply moisturizer or any oily substance on the body : no oily substance is allowed.
- Skin problems or recent scars on the treatment areas or individuals who have recently undergone surgery.

CONTRAINDICATIONS

- Pregnancy or immediate postpartum period.
- Skin irritations, burns,or wounds.
- Circulatory problems and disorders.
- Abdominal or inguinal hernias.
- Neurological disorders.
- Tendency to hemorrhage.
- Conditions affecting muscle metabolism (diabetes high blood pressure).
- Inflammatory pathologies.
- High levels of uric acid, metabolic alterations and pathological metabolic disorders.

PROTOCOL

- If you feel that you are sweating, use the «emergency stop» button which will immediately alert a staff member to dry the area and stop the machine in case of overheating of the dermis.
- It is recommended to remove all metal objects: jewelry, rings, piercings, earrings, belt, etc...
- Before the treatment, no specific preparation is required, however, it is recommended to stay well hydrated.
- Eating or drinking during the treatment is prohibited: it is recommended to fast for at least half an hour before the treatment and wait for 1 hour after the treatment before eating.
- Practice a maximum of 2 sessions of 30 minutes per week.

SESSION PROCEDURE

- You may experience muscle soreness and an acceleration of intestinal transit during abdominal treatments.
- Everyone has different sensitivity and tolerance to heat, so make sure to communicate well with the practitioner during the session, especially during regular check-ins in the cabin.
- It is recommended to have a maintenance session once a month following the treatment and a full course every 2 or 3 months to maximize results.
- The stop button is available for your use; do not hesitate to use it at any time if you feel the heat from radio frequency or if the contractions are too intense for you.

RECOMMENDATIONS

Session Time	Session Interval	Number of Sessions for Treatment (per zone)	IInterval between 2 Treatments
30 minutes	3 days minimum	6	2 to 3 months

PRICING

A la carte (without subscription)	Subscription for 6 sessions	Subscription for 12 sessions
90€	480€	800€

Do not litter in public spaces