CLIENT **INFORMATION FORM**

Last Name/First Name : ..... Date of birth: .....

Postal Code/City : .....

Phone : ..... E-mail : .....

Profession : .....

Which activities do you practice with Monaco Fit Coaching?

❑ EMS ❑ BodySculpting Neo RF ❑ Pressotherapy ❑ Lipolaser Neo RF ❑ Oxyderm ❑ Cryoface ❑ Red Light Therapt ❑ The Infinite Sculpt Seat

❑ MEDICAL CLEARANCE

Consult your doctor if you present any of the following conditions before beginning any training or treatment program.

➢ EMS – ELECTROSTIMULATION

PROHIBITIONS

- ❑ Metal or electronic implants
- ❑ Cardiac pacemaker, implanted defibrillators
- ❑ Prostheses, medication pumps
- ❑ Pregnancy
- ❑ Malignant tumors, cancer
- ❑ Epilepsy

CONTREAINDICATIONS

- ❑ Severe neurological diseases
- ❑ Abdominal or inguinal hernias
- ❑ Untreated diabetes
- ❑ Kidney diseases
- ❑ Untreated hypertension
- ❑ Advanced arteriosclerosis
- ❑ Arterial or other circulatory disorders

➢ BODYSCULPTING NEO RF

PROHIBITIONS

- ❑ Metal or electronic implants, pacemaker, implanted defibrillators, prostheses, medication pumps
- ❑ Copper IUD
- ❑ Pregnancy or immediate postpartum
- ❑ Malignant tumors, cancer
- ❑ Epilepsy
- ❑ Piercing

CONTREAINDICATIONS

- ❑ Circulatory problems and disorders, abdominal or inguinal hernias
- ❑ Neurological disorders
- ❑ Bleeding tendencies
- ❑ Diseases affecting muscle metabolism (diabetes, high blood pressure)
- ❑ High uric acid levels
- ❑ Metabolic and pathological alterations
- ❑ Inflammatory conditions
- ❑ Skin irritation, burns or wounds
- ❑ Skin issues or recent scars in treatment areas
- ❑ Recently undergone surgery
- ❑ Moisturizing cream or greasy substances on the body :no greasy substances allowed

➢ LIPOLASER NEO RF

INTERDICTIONS

- ❑ Metal allergy
- ❑ Moisturizing cream or greasy substances on the body : no greasy substances allowed

CONTREAINDICATIONS

- ❑ Bleeding tendencies
- ❑ Severe heart condition
- ❑ Drug resistance
- ❑ Untreated and unmonitored diabetes
- ❑ Hyper- or hypothyroidism
- ❑ Liver disorder
- ❑ Active cancer or cancer history
- ❑ Skin irritation, burns, wounds or scars
- ❑ Skin diseases (psoriasis, eczema, dermatitis)
- ❑ Metal or electronic implants, pacemaker, implanted defibrillators, prostheses, medication pumps
- ❑ Dark or sun-exposed skin, moles
- ❑ Pregnant and/or breastfeeding
- ❑ Tattoos

➢ PRESSOTHERAPY

INTERDICTIONS

- ❑ Circulatory disorders
- ❑ Untreated high blood pressure, phlebitis and/or venous thrombosis
- ❑ Pregnancy: under no circumstances should this technique be used on the abdominal belt area

CONTREAINDICATIONS

- ❑ Venous pathologies
- ❑ Heart failure, cardiovascular diseases
- ❑ History of heart attack or angina, respiratory diseases
- ❑ Diabetes, kidney failure, tuberculosis
- ❑ Presence of abscess or tumors (malignant or benign)
- ❑ Abdominal or inguinal hernias
- ❑ Neurological disorders
- ❑ Skin irritation, burns or wounds
- ❑ High uric acid level, metabolic alterations
- ❑ Inflammatory conditions
- ❑ Diseases affecting muscle metabolism
- ❑ High blood pressure

➢ CRYOFACE

CONTREAINDICATIONS

- ❑ Cold allergy
- ❑ Raynaud's syndrome
- ❑ Cryoglobulinemia

➢ THE INFINITE SCULPT SEAT

INTERDICTIONS & CONTREAINDICATIONS

- ❑ Any ongoing or suspected pregnancy
- ❑ Early postpartum period (less than 6 to 9 months after delivery)
- ❑ Breastfeeding, heavy menstruation likely to cause pelvic cramps
- ❑ Mispositioned intrauterine device (IUD), uterine ring, or any metallic foreign object in the uterine cavity
- ❑ Joint prostheses or osteo-fixations (screws, plates) in the pelvis or hips
- ❑ Implanted medication pumps, neurostimulators or any electronic pelvic implant
- ❑ Cardiac pacemakers or implanted defibrillators
- ❑ Orthopedic or neurological neurostimulator, insulin pump or medication pump in the treatment area
- ❑ Coagulation disorders, unstable anticoagulant treatment or active bleeding disorders
- ❑ Deep vein thrombosis (subject to medical advice)
- ❑ Malignant tumors, active or metastatic cancer, especially pelvic tumors
- ❑ Ongoing pelvic chemotherapy or radiotherapy
- ❑ History of epilepsy or seizures
- ❑ Any situation with a risk of spasms or seizures triggered by electromagnetic stimulation
- ❑ Pelvic, spinal or cervical surgery involving the pelvis within the past 6 months
- ❑ Unhealed wounds, fissures or pelvic muscle injuries
- ❑ Large uterine fibroids, presence of intramural or subserosal fibroids over 2 cm in diameter
- ❑ Symptomatic endometrial polyps
- ❑ Acute urinary, vaginal or pelvic infection
- ❑ Infectious dermatosis or open wounds in the perineal or pelvic area
- ❑ Unexplained fever on the day of the session
- ❑ Unstable cardiovascular or respiratory conditions
- ❑ Decompensated heart failure, unstable angina or uncontrolled arrhythmias
- ❑ Severe respiratory failure or decompensated pulmonary disease
- ❑ Known hypersensitivity to electromagnetic fields
- ❑ Severe psychiatric disorders, inability to remain still for 30 minutes

---

I, the undersigned,.....
certify that I have no contraindications and am fit to undergo the treatments provided by Monaco Fit Coaching.
In the event of a condition not listed or mentioned among the contraindications, the client agrees to inform Monaco Fit Coaching immediately to ensure their safety and well-being throughout the session.
Any omission of information that could endanger the client's health or well-being during the session will release Monaco Fit Coaching from all liability.
I acknowledge that I have read and accept the general terms and conditions of sale.

- ➢ To optimise treatment results, we recommend engaging in physical activity and maintaining a healthy diet.
- ➢ **Any cancellation made less than 24 hours before the session will not be considered and the session will be billed or deducted from the subscription if applicable — excluding facial care.**
- ➢ **Validity of services: 1 year from the date of purchase.**

Completed in: .....On : .....

Client signature *(Preceded by the mention "Read and approved"*: